



Greater Minnesota Speedskating Association

* * * * * 2016-2017 LONG TRACK * * * * *

GMSA (Greater Minnesota Speedskating Association) is the regional organization representing speed skating in Minnesota, North Dakota, South Dakota, and parts of western Wisconsin.

By joining GMSA LT, you are signing up to skate at The Oval during speed skater-only, contracted ice sessions.

Membership dues, which are included in the packages below, are used to cover the expenses of the association and the costs of reserving the ice. Dues do not include long track coaching or additional services. If you are seeking coaching or a club, visit mnspeedskating.com.

Please review the ice options on page 2. If you have questions, email mnspeedskating@gmail.com.

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Long Track Speed Skating = November 5, 2016 – March 5, 2017 (weather permitting), practice sessions are Tuesday, Wednesday, Thursday at approximately 7:00-8:30. With open ice or time trials on most Saturdays and some Sundays. Please visit mnspeedskating.org for a complete schedule.

NEW! Short Track Speed Skating = Sundays, September 18, 2016 – March 19, 2017 (21 sessions) and hopefully Thursdays, November 17, 2016-February 23, 2017 **Details to come soon!**

PENDING! – Inline Skating = GMSA is working with the new Vikings stadium for skating in the Dome.

NEW THINGS HAPPENING AT GMSA!

Online registration – Sign up for the long track or short track season online! Visit our website for the direct link. You can pay via credit card (+2% fee), mail in a check or indicate that you are part of a club and that the club will send one check to GMSA.

Change your bookmark – **GMSA has a new website!** mnspeedskating.com (previously mnspeedskating.org)

Weekend time trials! To participate in a Saturday time trial, you need to register online by Friday noon, the day prior to the time trials. Register at: <http://bit.ly/1NkUHR8> or visit: mnspeedskating.com

Board Meetings – **We want to hear from you.** Come to a meeting, call in for a meeting or just email your suggestions and comments to mnspeedskating@gmail.com. Meetings are held at the Roseville Oval, in the Fireside Room. Visit the website for the calendar of meeting dates.

Midgets (ages 11-12) are now recognized as **Junior D** skaters.

Be in the know! All GMSA registrants will be added to the GMSA newsletter.

Membership Options

Full Membership - \$550 **BEST VALUE!**

Includes GMSA membership and entitles the skater to all GMSA contracted practice ice at the Guidant John Rose MN Oval (The Oval). Skater can participate at all local pack and metric time trials for no additional fee.

Partial Membership - \$400 + \$20 per time trial/pack race due at end of the season

Includes GMSA membership and entitles the skater to attend 25 GMSA contracted practice ice sessions at The Oval. Skater can participate at all local pack and metric time trials for an additional fee of \$20 per day of racing.

First Year or 1x/Week Club Membership - \$240

+ two free time trials sessions + two free entry tickets to the Oval's open speed skating sessions

Additional time trials over the included initial two are \$20 per time trial/pack race, due at end of the season

First Year: Includes GMSA membership and entitles a skater new to GMSA to attend 20 GMSA contracted practice ice sessions at The Oval. Includes two free time trial sessions and two free tickets for open speed skating at the Oval. Skater can participate at all local pack and metric time trials for an additional fee of \$20 per day of racing.

1x/Week for GMSA Clubs: Includes GMSA membership and entitles skaters of a pre-registered and approved club to skate 1x a week at contracted practice ice sessions at The Oval. Sessions must be monitored and supervised by the club. (Clubs must petition the Board for acceptance for 1x/week membership.) Includes two free time trial sessions and two free tickets for open speed skating at the Oval. Skaters can participate at all weekend time trials for an additional fee of \$20 per day of racing.

Out-of-Town Skaters - \$80 (+ \$20 per time trial/pack race/ practice, due day of event or skate)

Includes GMSA membership and entitles out-of-town skaters to participate at all practice sessions or local pack and metric time trials for an additional fee of \$20 per day of racing or practice. Mainly for skaters training or attending college out-of-state who want to skate during school or holiday breaks.

Time Trial/Pack Race Only - \$80

Includes GMSA membership and entitles skater to participate only in time trials or pack race – no practice ice.

Friends of GMSA - \$100+ (tax-deductible!!)

This membership is for skaters, families, friends of GMSA, who want to keep their GMSA status up-to-date but they do not intend to use the ice. GMSA is a non-profit, 501(3)c organization and your support is greatly appreciated! All Friends will receive a receipt showing their donation.

GMSA Board of Directors - \$25

This membership is for GMSA Board of Directors and Committees members that are not enrolled in one of the memberships above. This fee covers insurance and supplies for meetings.

Other Memberships

If there are other circumstances, please contact the GMSA Board of Directors at mnspeedskating@gmail.com

For GMSA Use:

Check #: _____ Amount: _____



Registration Deadline:
November 18, 2016
Late registrations are subject to an additional \$50 fee.

Greater Minnesota Speedskating Association
2016-2017 LONG TRACK Membership Application

Name (Last/First): _____

Gender: M or F **Birthdate:** _____ **GMSA-Approved Club: (circle one)** Midway Twin Cities Rochester Direct – no club

USS #: _____ **USS Division:** (i.e. pony, junior, master) _____
(REQUIRED & must be renewed yearly)

Address: _____
(street) (city/state) (zip)

Phone: _____ **E-mail:** _____
(home) (cell)

If skater is a minor...

Mother/Guardian: _____ **Father/Guardian:** _____

Phone: _____ **Phone:** _____

E-mail: _____ **E-mail:** _____

Long Track Membership – Circle One:

- Full (\$550)
- Partial (\$400)
- 1st Yr (\$240)
- 1x week (\$240)
- Out-of-Town (\$80)
- Family Cap (\$1250)
- Time Trials Only (\$80)
- Friends of GMSA – tax deductible! (\$100+)
- GMSA Board/Committee (\$25)

GREATER MINNESOTA SPEEDSKATING ASSOCIATION: 2016-2017 membership waiver & release

Note: This form must be read and signed before the participant is permitted to take part in any travel, training, competition, meeting or testing sessions. By signing this agreement, the participant affirms having read it.

In Consideration of my involvement in the sport and activities under the auspices of the Greater Minnesota Speedskating Association, I acknowledge, appreciate, and agree that:

- I risk bodily injury, including paralysis, dismemberment, disability, and death, and while particular rules on my sport, equipment, and personal and personal training and discipline may reduce this risk, this risk of injury does exist, as well as the risk of damage to or loss of property;
- I knowingly and freely assume all such risks; both known and unknown, even if arising from the negligence of the releasees or others;
- I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual or unnecessary hazard I will bring such to the attention of the nearest official, and; I for myself, and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release, hold harmless and promise not to sue GMSA, US Speedskating, or other sponsoring organizations, their officers, coaches, volunteers, staff, sponsors and/or agents; release with respect to any and all injury and loss arising from my participation, whether caused by the negligence of the releasees or otherwise, except that which is the result of gross negligence or wanton misconduct.
- I agree to allow my name and photographs or video of me to be used in promotional materials and press releases on behalf of GMSA.

I have read this Release of Liability and Waiver Agreement, fully understand its terms and sign it freely and voluntarily.

_____/_____
Participant Name (PRINT) Participant Signature Date

For Participants of Minority Age (under 18 at the time of registration) This is to certify that I/we parent(s)/ guardian(s) with legal responsibility for this participant, do consent and agree not only to his/her release, but also for myself/ourselves and my/our heirs, assigns, and next of kin to release and indemnify the Releasees from any and all Liability incident to my/our child's involvement as stated above.

_____/_____
Parent/Legal Guardian Name (PRINT) Parent/Legal Guardian Name Date

Mail form & check (payable to GMSA) to: GMSA, c/o Guidant John Rose MN Oval, 2661 Civic Center Dr., Roseville, MN 55113
Or register online with your club or use a credit card for payment at: see link at mnspeedskating.com